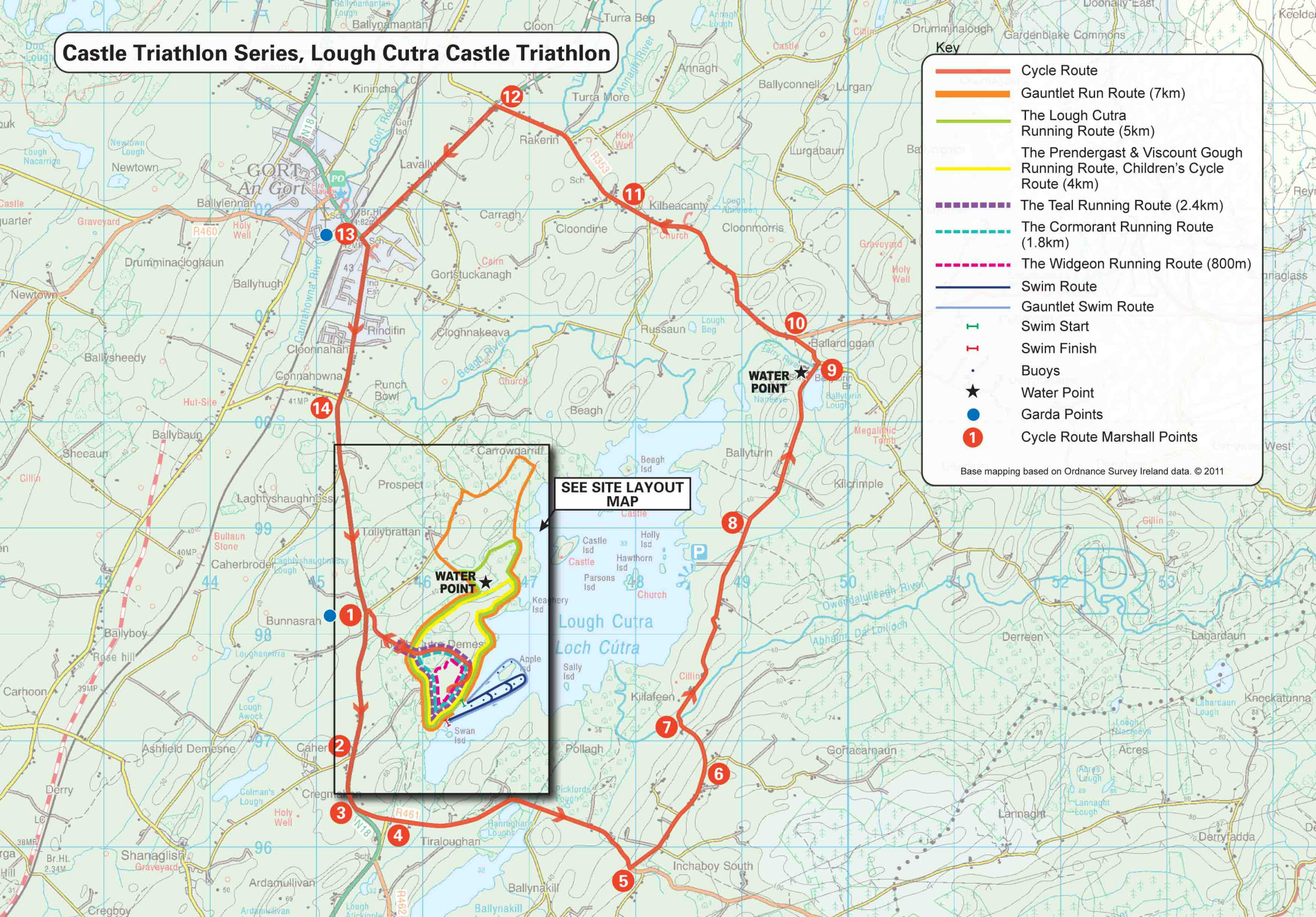


Castle Triathlon Series, Lough Cutra Castle Triathlon

Key

- Cycle Route
- Gauntlet Run Route (7km)
- The Lough Cutra Running Route (5km)
- The Prendergast & Viscount Gough Running Route, Children's Cycle Route (4km)
- - - The Teal Running Route (2.4km)
- - - The Cormorant Running Route (1.8km)
- - - The Widgeon Running Route (800m)
- Swim Route
- Gauntlet Swim Route
- | Swim Start
- | Swim Finish
- Buoys
- ★ Water Point
- Garda Points
- ① Cycle Route Marshall Points

Base mapping based on Ordnance Survey Ireland data. © 2011



SEE SITE LAYOUT MAP

WATER POINT ★

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